

---

## Certificate III in Fitness

<b>SIS30315 Certificate III in Fitness + SIS20115 Certificate II in Sport &amp; Recreation</b>	
HLTAID003	Provide First Aid
HLTWHS001	Participate in workplace health and safety
SISXEMR001	Respond to emergency situations
SISXIND001	Work effectively in sport, fitness and recreation environments
SISXCAI002	Assist with activity sessions
SISXIND002	Maintain sport, fitness and recreation industry knowledge
SISXCCS001	Provide quality service
SISXFAC001	Maintain equipment for activities
BSBRISK401	Identify risk and apply risk management processes
BSBWOR202	Organise and complete daily work activities
BSBTEC201	Use business software applications
BSBTEC202	Use digital technologies to communicate in a work environment
BSBTEC203	Research using the internet
ICTICT203	Operate application software packages
BSBSUS201	Participate in environmentally sustainable work practices
BSBSUS211	Participate in sustainable work practices
SISFFIT005	Provide healthy eating information
SISFFIT003	Instruct fitness programs
SISFFIT004	Incorporate anatomy and physiology principles into fitness programming
SISFFIT001	Provide health screening and fitness orientation
SISFFIT006	Conduct fitness appraisals
SISFFIT014	Instruct exercise to older clients
SISFFIT002	Recognise and apply exercise considerations for specific populations

---