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# TUCKSHOP MENU

## TERM 4 2024

### **Want to avoid the lines at lunchtime?**

**PRE-ORDER** at the Tuckshop before school or via *Flexischools* and collect your lunch from the express line at break time.

### **Have a food allergy?**

**ASK BEFORE YOU EAT** as food prepared in the Tuckshop may contain, or have come into contact with, allergens. Food allergies can usually be catered for if Tuckshop Staff have been advised and food is pre-ordered.

EFTPOS FACILITIES AVAILABLE

**We have recently introduced Flexischools – download the app and place your orders for pick up at break time!**



## Burgers

|                                      |        |
|--------------------------------------|--------|
| Chilli Chicken Burger.....           | \$6.50 |
| Chicken Burger .....                 | \$6.50 |
| Cheese Burger .....                  | \$5.50 |
| Chicken and Bacon Burger.....        | \$7.00 |
| Vege Burger available to order ..... | \$7.00 |

## Daily Specials

|           |                              |                                  |
|-----------|------------------------------|----------------------------------|
| Monday    | Satay Chicken and Rice.....  | \$7.00-Large<br>\$4.00-Small     |
| Tuesday   | Spag Bol.....                | \$7.00-Large<br>\$4.00-Small     |
| Wednesday | Butter Chicken and Rice..... | \$7.00 – Large<br>\$4.00 – Small |
| Thursday  | Nachos .....                 | \$7.00 – Large                   |
| Friday    | Homemade Pizzas .....        | \$7.00                           |

## Snack Foods

|   |        |
|---|--------|
| Traveller Pies .....                            | \$4.50 |
| Sausage Rolls .....                             | \$4.50 |
| Chicken Chips .....                             | \$4.50 |
| Garlic Bread .....                              | \$3.00 |
| Mini Chilli Chicken Wrap .....                  | \$4.50 |
| Mini Crispy Chicken Wrap.....                   | \$4.50 |
| Hot Dog .....                                   | \$4.50 |
| Cheese Dog .....                                | \$5.00 |
| Wedges, Sour Cream and Sweet Chilli Sauce ..... | \$6.00 |
| Large Chicken / Pork Dim Sim .....              | \$5.00 |

## Toasties

*Gluten-free available when pre-ordered*

|                           |        |
|---------------------------|--------|
| Ham & Cheese .....        | \$5.50 |
| Ham Cheese & Tomato ..... | \$5.50 |
| Chicken & Cheese .....    | \$5.50 |
| Full Pizza pockets .....  | \$6.00 |
| Half pizza pockets .....  | \$3.50 |

## Breakfast

*Gluten-free available when pre-ordered*

|                                    |        |
|------------------------------------|--------|
| Bacon, Egg, Cheese & BBQ Wrap..... | \$6.00 |
| Ham & Cheese Croissant .....       | \$6.00 |
| Toasted ham cheese .....           | \$5.50 |
| Toasted Chicken cheese .....       | \$5.50 |
| Hash Brown .....                   | \$1.00 |
| Milo .....                         | \$2.00 |

## Salads

**LARGE - \$7.00    SMALL - \$5.50**

Satay Chicken Salad

Chicken Caesar Salad

Salad Bowl (Choice of Chicken or Ham)



## Cold Cabinet

|   |        |
|---|--------|
| Fruit Salad Cup .....   | \$5.00 |
| Yoghurt Delight - honey yoghurt granola fruit puree and berries ..... | \$5.50 |
| Sara-Lee Muffin (Chocolate and Blueberry) .....                       | \$3.50 |
| Cheese and Biscuits .....   | \$2.50 |
| Jelly & Custard .....   | \$2.50 |
| Homemade Chocolate and Vanilla Cake.....                              | \$4.50 |

## Sandwiches

|   |        |
|---|--------|
| Ham, Cheese, Tomato .....   | \$5.50 |
| Ham and Cheese .....  | \$5.50 |
| Egg and Lettuce .....   | \$5.50 |
| Half Each of Ham, Cheese, Tomato / Egg & Lettuce .....            | \$5.50 |
| Chicken, Lettuce & Mayo .....                                     | \$5.50 |
| Chicken Bacon BBQ Sauce .....                                     | \$5.50 |
| BLT .....   | \$5.50 |
| Spread Sandwiches ( <i>Peanut Butter, Vegemite or Jam</i> ) ..... | \$1.00 |

## Wraps

**Full \$6.00 Half \$3.50**

|                                 |        |
|---------------------------------|--------|
| Chicken and Salad Roll .....    | \$6.50 |
| Ham and Salad Roll .....        | \$6.50 |
| Chilli Chicken Tender Sub ..... | \$6.50 |

## Sushi

***Only available on Tuesday, Wednesday and Thursday***

|          |                |                |      |            |        |
|----------|----------------|----------------|------|------------|--------|
| Teriyaki | Chilli Chicken | Crispy Chicken | Tuna | Vegetarian | \$6.50 |
|----------|----------------|----------------|------|------------|--------|

## Poke Bowls

**\$8.00**

Teriyaki Chicken

Satay Chicken

Chilli Chicken

Tuna

## Gluten Free

*To be pre ordered*

|   |        |
|---|--------|
| Beef Pie .....  | \$5.00 |
| Sausage Roll .....                                      | \$5.00 |
| Sandwiches and toasted Sandwiches .....                 | \$5.50 |
| Ham Cheese      Ham Cheese Tomato      Chicken & Cheese |        |
| Pizza's <b>only on FRIDAYS</b> .....                    | \$7.00 |
| Chocolate Cake .....                                    | \$5.00 |

## Frozen Treats

***Available from \$2 - \$4***

## Drinks

|              |                                       |        |
|--------------|---------------------------------------|--------|
| <b>WATER</b> | Pump .....                            | \$4.00 |
|              | Pure Spring .....                     | \$2.00 |
|              | Mount Franklin lightly sparkling..... | \$3.50 |

|              |   |        |
|--------------|---|--------|
| <b>MILK</b>  | Plain milk - 500 ml .....   | \$3.00 |
|              | Flavoured Milk - 300 ml ( <i>Chocolate, Strawberry, Coffee, Banana</i> )    | \$3.00 |
|              | Flavoured Milk - 500 ml ( <i>Chocolate, Strawberry, Coffee, Lime</i> ) .... | \$4.50 |
|              | Oak - 600 ml ( <i>Chocolate, Coffee, Strawberry</i> ) .....                 | \$4.50 |
|              | Ice Break Lactose Free (Coffee).....  | \$4.50 |
| <b>JUICE</b> | Harvey Fresh Orange Juice.....  | \$2.00 |
|              | Harvey Freshy Apple Juice .....   | \$2.00 |
|              | Harvey Fresh Apple & Blackcurrant .....                                     | \$2.00 |
|              | 500ml Assorted Juice .....  | \$4.00 |
| <b>OTHER</b> | Powerade Zero .....   | \$4.00 |
|              | Powerade Active Water.....  | \$4.00 |
|              | Iced Tea .....  | \$4.50 |
|              | Glee -Sparkling Flavoured Fruit Juice .....                                 | \$3.00 |

